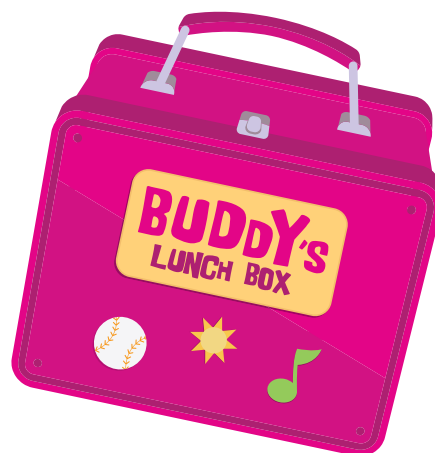


PRE-K & KINDERGARTEN LESSON 1

THE IMPORTANCE OF SAFETY RULES



OVERVIEW

This lesson will introduce the curriculum and the idea that rules keep us safe. It will cover important safety rules that children should follow to stay safe. Children will learn about the idea of a Safety Stop Sign, reminding them that they always have the ability to say no in a situation that makes them feel unsafe. Students will have the opportunity to make and decorate their own Safety Stop Signs. In this lesson, we will demonstrate and students will practice using their I Mean Business Voice, which they will be encouraged to use in any situation that makes them feel unsafe.

MATERIALS

- *Safer, Smarter Kids* Video, Lesson 1
- *Safer, Smarter Kids* Journals
- Poster (Put this up in your classroom and refer to this poster at the beginning of every lesson.)
- Stickers: Safety Stop Sign and I Mean Business Voice
- Lesson 1 Parent Letters

OPTIONAL CENTER ACTIVITIES

1. Safety Stop Sign Center Activity

Activity Materials

- Safety Stop Sign activity sheets
- Crayons
- Markers
- Glue
- Popsicle sticks
- Scissors
- Card stock precut in the shape of the Safety Stop Sign

2. I Mean Business Voice Center Activity

Activity Materials

- I Mean Business Voice activity sheets
- Crayons/markers

** For directions, refer to your Center Activities holder*

LESSON 1 OUTLINE

1. SHOW SAFER, SMARTER KIDS VIDEO, LESSON 1

Lauren will cover:

- Introduction
- Safety rules
- Safety Stop Sign
- I Mean Business Voice

2. CLASSROOM ACTIVITIES

Help the students practice their I Mean Business Voice.

- Have the entire class together say, “Stop! That’s not safe!” in a serious voice.
- Bring several students to the front of the class to practice a few scenarios in which they would use their I Mean Business Voices. Here are a few scenarios from which you can choose. Read one of these scenarios.

Scenario 1

- Your friend is practicing his new karate moves on you and it really hurts. Use your I Mean Business Voice (“Stop! That’s not safe!”) to tell him to stop.

Scenario 2

- You and your friend are on a play date at the park. Your friend wants you to join her on



a secret adventure and asks you to leave the adults to go exploring. Use your I Mean Business Voice (“Stop! That’s not safe!”) to tell her no.

Teacher Tips

- It is important for students to learn to speak with conviction and authority to be taken seriously. This voice should be different from their usual speaking voice so that people really pay attention to them in an unsafe situation. If they say the words in a timid or whiny voice, encourage them to keep practicing until the classmates confirm that they believe the student really means business.
- During the role plays, the student practicing the I Mean Business Voice should make eye contact with the other student. If not, have them practice the voice while making eye contact, which tells the other person that they are serious.
- Reinforce that everyone has an I Mean Business Voice, from the oldest person to the youngest person, from the biggest to the smallest.



- Encourage the children to practice their I Mean Business Voices at home in front of a mirror to help them make sure that they are looking and sounding serious.

3. LESSON 1 JOURNAL ACTIVITY

Have students complete the Lesson 1 journal activity: *Why are rules important to help you stay safe?*

Teacher Tip

Encourage students to write and draw their answers to the journal prompts. Depending upon the time of year that *Safer, Smarter Kids* will be taught, journals can either be completed independently by each child or as a group on chart paper.

4. SAFETY STOP SIGN & I MEAN BUSINESS VOICE STICKERS

Pass out the Safety Stop Sign and I Mean Business Voice stickers to students to reinforce the lesson.

5. PARENT LETTER

Remember to have students take the Lesson 1 Parent Letters home.

DID YOU KNOW?

Child sexual abuse can happen anywhere, in any neighborhood, religion or church group, racial or ethnic group, and among both the rich and the poor.¹

DID YOU KNOW?

According to the U.S. Department of Justice, Bureau of Justice Statistics, there were 9,700 convicted sex offenders who were released in one year alone.²



LESSON 1 NOTES

[illegible]