

PARENT LETTER

TODAY'S LESSON: LESSON 1

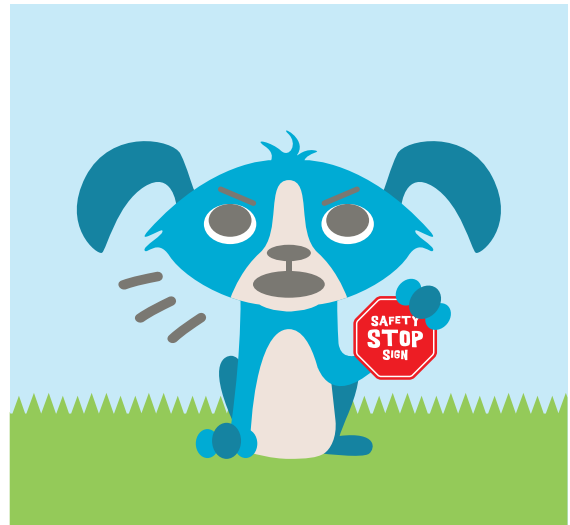
Today, our students had their first **Safer, Smarter Kids** lesson. The students brainstormed rules to help keep them safe. Here are the core rules they came up with:

1. Use your Safety Stop Sign when a situation makes you feel unsafe.
2. Always stay with a Grown-Up Buddy when you are out in public.
3. Respect your Personal Space, and respect others' Personal Space.
4. Tell a Grown-Up Buddy if a safety rule has been broken.



PARENT CONNECTION:

The most important part of sexual abuse prevention is open and honest communication between parent/caregiver and child. As caregivers, we often assume our children know we are there for them no matter what, but by providing them with ample individual attention, we give them support, guidance and an outlet to tell us anything. This open forum will not only build trust, but also will increase their self-confidence and self-worth.



TIPS TO FURTHER TODAY'S LESSON:

- Ask your child to demonstrate their **I MEAN BUSINESS** voice.
- Ask your child what they should do after using their Safety Stop Sign.
Answer: Talk to a Grown-Up Buddy.
- Encourage your child to share feelings with you, and when they do, be sure to support and validate their feelings.