

GLOSSARY

Body Boundaries - The space that each of us has around us that should not be touched or seen, unless we are hurt and need help.

Bullying - Behavior from a person or group that violates our personal boundaries and makes us feel unsafe, threatened or belittled.

Bystander - A bystander is one who witnesses a wrongdoing or knows about a wrongdoing that is happening to someone and does not help or tell a grown-up.

Citizenship - Caring about others, following rules and trying to help make the world a better place.

Cyber Citizens Learners Permit/Cyber License - A Cyber License is earned by good cyber citizens who know the rules of the Cyber Highway. A Cyber Citizens Learners Permit is earned by good cyber citizens who are learning the rules of the cyber highway.

Cyber Safety - Making safe choices for safe Internet behavior.

Digital Community/Digital Citizen - Safety in the community of the digital world, being careful about how we behave, communicate and share things online.

Grown-Up Buddies - Trusted adults who are old enough to drive who help a child to be safe.

Guiding Voice - Everyone has a Guiding Voice inside of them. This is the voice that either reminds you of things or helps you realize that you're feeling confused, nervous or uncomfortable – whatever those feelings may be. You should always listen and tell someone in your Trusted Triangle if you realize that you are feeling confused, nervous or uncomfortable.

I Mean Business Voice - We use our I Mean Business Voice any time we need our voice to be heard in any situation where we don't feel safe.

Internet Safety - Responsible and safe use of the Internet and being careful about how we behave, communicate and share things online.

Lock & Key Token - This symbol means that we understand why people should protect their modesty, and why we always respect each other's privacy.

Personal Power - The tools we all have inside of us that help us make safe decisions that help ourselves and others.

Personal Space - The space around a person's body that belongs to us. Nobody should be going into our personal space without our permission, because our bodies belong to us.

P.L.A.N. - Permission, Location, Activity, Names and Numbers of people you are with. Anytime you go somewhere, you make a P.L.A.N. First, get Permission from the grown-up in charge of you. Next, tell the Location where you will be. Then, let the grown-up in charge of you know what the Activity will be. Finally, give the Names and phone Numbers of the people who are with you.

Privacy - The right that we all have to be free from unwanted intrusions into our personal space.

Private Parts - The parts of our body covered by our bathing suit, and our mouth.

Safe Secrets - A safe secret is one that is eventually told and that makes everyone happy.

Unsafe Secrets - An unsafe secret is one that makes you feel confused, "icky" or scared and that you are told not to share.

Safe Touches - You decide if a touch is safe or unsafe based on how it makes you feel. A safe touch is one that makes you feel loved, happy, comforted and safe. This can be a welcome hug, an encouraging pat on the back or cuddling with a parent.

Unsafe Touches - An unsafe touch is a touch that makes us feel "icky," uncomfortable, or confused.

Safe Use of Cell Phone Camera - Using a cell phone camera in a manner that does not hurt or embarrass anyone and also follows the rules of using devices safely in the Digital Community.

Safety Barometer - A tool that helps us figure out whether a situation is safe or unsafe.

Safety Goggles - Safety Goggles teach us to assess our surroundings by teaching us to focus on situations and make safe decisions.

Safety Stop Sign - The Safety Stop Sign represents our ability to say "no" in a situation that makes us feel unsafe.

Secret Gauge - Your Secret Gauge is always with you and helps you decide if a secret is safe or unsafe. A safe secret is one that is meant to be told and will make everyone smile when it is told. An unsafe secret is one that makes you feel "icky" or uncomfortable and that you are told not to tell. Never keep an unsafe secret.

Tattling - Tattling is a complaint about someone else's behavior that doesn't involve safety.

Reporting - Reporting is something that involves a threat to safety.

Think, Feel, Act - TFA is Think, Feel, Act. Think about a situation, how it makes you feel, and what action you should take to keep yourself safe.

Trusted Triangle - A Trusted Triangle is made up of trusted adults who are old enough to drive and who you can tell anything to. One person in your Trusted Triangle should be a person not in your family.

Victim - A victim is one who is hurt or threatened by a wrongdoer.

Wrongdoer - A wrongdoer is anyone who does something that is unsafe that may affect them or somebody else.

Wrongdoing - A wrongdoing is an unsafe behavior or action.