

MY SAFETY PROMISE

I have the right to be safe. I also have the responsibility to use the safety skills I have learned to make the decision to stay safe.

I PROMISE:

To listen to my *Guiding Voice*.

To use my *Think, Feel, Act*.

I will *Think* about a situation, a person, a secret.

I will notice if I *Feel* unsure or unsafe or if a situation feels not quite right.

I will use my personal power to *Act*.

I will always remember that It is *OK to Tell*.

I will tell my *Grown-Up Buddies* in my Trusted Triangle when I need their help.

I will keep telling until I am *Heard and Helped*.



LAUREN'S KIDS



My signature

